PRELIMINARY DRAFT

HCBS Public Stakeholder Discussion

May 11, 2015
DISCUSSION DOCUMENT

Today's agenda

Agenda	Time
Vision and goals for HCBS payment reform	1:00-1:20
Overview of ARChoices	1:20-1:50
Implementation plan	1:50-2:20
Questions	2:20-3:00

- **Vision and goals for HCBS payment improvement**
- Overview of elements of ARChoices waiver
- Implementation plan
- Questions

Health care challenges in Arkansas

- **The health status of Arkansans has been poor**, and the state has been ranked at or near the bottom of all states on national health indicators, such as heart disease and diabetes
- **The health care system has been hard for patients to navigate**, and it has not rewarded providers who work as a team to coordinate care for patients
- **Health care spending has been growing unsustainably;** for example, insurance premiums doubled for employers and families in the past 10 years

Basic facts on clients to be served by ARChoices

Guiding principles

- Improve the health of the population
- Enhance the client experience of care
- Enable clients to take an active role in their care

- Total EC and AAPD waiver recipients **~9,000**

- Total EC and AAPD expenditures ~**$98 M**

- HCBS agency providers **~250**

Source: SFY2014 Medicaid claims

The HCBS journey over the last two years

The journey has been ongoing

- **2013**: Worked with stakeholders to identify areas to strengthen and potential paths forward
- **Late 2013**: Identified specific models to refine with stakeholders
- **Early 2014**: Began developing details for core elements of initial HCBS payment reform
- **2014-Present**: Continue to engage with providers to identify key issues

We describe here a proposed set of changes within HCBS and will continue to refine and build upon these changes going forward

- Vision and goals for HCBS payment improvement
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Core elements of ARChoices waiver

1. Standardized assessment/reassessment process with faster reconsideration process
2. Single attendant care service
3. Comprehensive service offering
4. More effective environmental adaptations approach
5. Enhanced payment for certain providers

1 Standardized assessment/reassessment process

Current system	New system
A DAAS RN conducts a thorough **assessment**, posing questions from the InterRAI assessment	**No changes**
DAAS RN determines a monthly range of **hours of care** to address the client's needs	Assessment will **generate a monthly standardized base allocation of hours,** which the DAAS RN will **adjust based on extenuating circumstances**
DAAS RN determines whether **non-attendant care services** (e.g., adult day care, home-delivered meals) may be needed	**No changes**
Providers **determine staffing and schedule appointments** based on the Plan of Care	**No changes**

2 Single attendant care service

Current system	New system
Multiple options for hands-on care: attendant care, homemaker care, and adult companion services	**Multiple services to be consolidated as single attendant care service**
Clients **select the provider(s)** that fulfill(s) his/her needs best	For **attendant care services**, only one provider is selected who is responsible for all attendant care services[1] **No changes for non-attendant care service** provider selection
Providers **are responsible for the services** for which they have been selected	**No changes**

1 Providers may have the ability to subcontract services (under review)

3 Comprehensive service offering

Current system	New system
ElderChoices (EC) and AAPD waivers serve populations with **similar needs with different sets of services**	ARChoices intended as a **single waiver to provide clients with comprehensive set of services** offered in EC and AAPD waivers today
Only EC waiver recipients eligible for services including **adult day care, home-delivered meals, and respite**	All ARChoices waiver recipients are **eligible for the set of services** currently available to EC individuals, based on assessed need
Only AAPD waiver recipients eligible for services related to **environmental modifications** (i.e., home adaptations)	All ARChoices waiver recipients **eligible for environmental modification**s, if need is demonstrated from assessment

4 More effective environmental adaptations approach

Current system	New system
Environmental modifications for AAPD clients	Environmental modifications to be **separate service with full range of accountability** measures to approve and verify work
Counseling support managers (CSM) lead process of **assessing clients' need for environmental modifications**	**Under review**
All eligible clients have a **$7,500 maximum lifetime limit**	**No change**

5 Enhanced payment for providers

Current system	New system
Providers are reimbursed **$16.76 per hour** for homemaker, personal care, attendant care, adult companion services, and in-home respite	Propose **rate increase to $18 per hour** for the attendant care bundle, state plan personal care, and in-home respite subject to legislative and budgetary approval
Providers are reimbursed **$7.68 per hour** for Adult Day Care	Propose to increase rates for Adult Day Care to **$10 per hour** (subject to legislative and budgetary approval)
Providers are reimbursed at **various rates** for Adult Family Home, in-facility respite, home-delivered meals, and PERS	**No change**

Billing will continue to be in 15 minute increments

Vision for HCBS payment reform

DISCUSSION DRAFT

Launch ARChoices waiver
October 2015

- Implement standardized **assessments** based on case mix groups
- Consolidate **attendant care services**
- Provide **comprehensive service offering**
- Improve **environmental adaptation process**
- **Enhance payment** for certain providers

Further refine HCBS services
2016

- Strengthen current **care coordination** programs
- **Implement quality metrics** to ensure providers are meeting client needs effectively
- Apply principles of payment reform to **additional HCBS services**

Enhance and integrate
2017

- Link **payment to outcomes**
- Pursue **full integration of care plans**

Potential integration of services for LTSS, DD and BH clients

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Path forward for ARChoices

Milestone	Timing
▪ Submit ARChoices waiver for **public comment**	May 17
▪ Conduct **training sessions for providers**	June-September
▪ Go-live date for **ARChoices waiver**	October 1

Note: *Dates are subject to change. The changes listed will require changes to the waiver and state plan, subject to CMS, legislative, and budgetary approval*

Waiver transition details for October 1, 2015

Waivers as of September 30	Description of changes (for both AAPD & EC clients)	Waiver as of October 1
AAPD	**Effective October 1 (for AAPD & EC clients)** ▪ Revised rates for plan of care services ▪ AAPD services (e.g., modifications) available to former EC clients	**ARChoices**
EC	**Effective on a per client basis as reassessments occur throughout the year (for AAPD & EC clients)** ▪ EC services (e.g., meals, adult day services, PERS, respite, personal care) available to former AAPD clients	

Provider training plan for ARChoices

Group to be trained	Training topics to be covered
Case Managers (EC & AAPD)	▪ Care coordination ▪ Waiver changes to ARChoices ▪ Person Centered Service Plan of Care ▪ Case Manager's role in educating the client
Agency Attendant Care Providers	▪ Waiver changes to ARChoices ▪ Person Centered Service Plan of Care
Agency Services Reporting (Billing)	▪ Time and services entry to HP portal ▪ Waiver changes to ARChoices ▪ Person Centered Service Plan of Care
Non-attendant Care Providers	▪ Waiver changes to ARChoices ▪ Person Centered Service Plan of Care

Training to be held June – September of 2015

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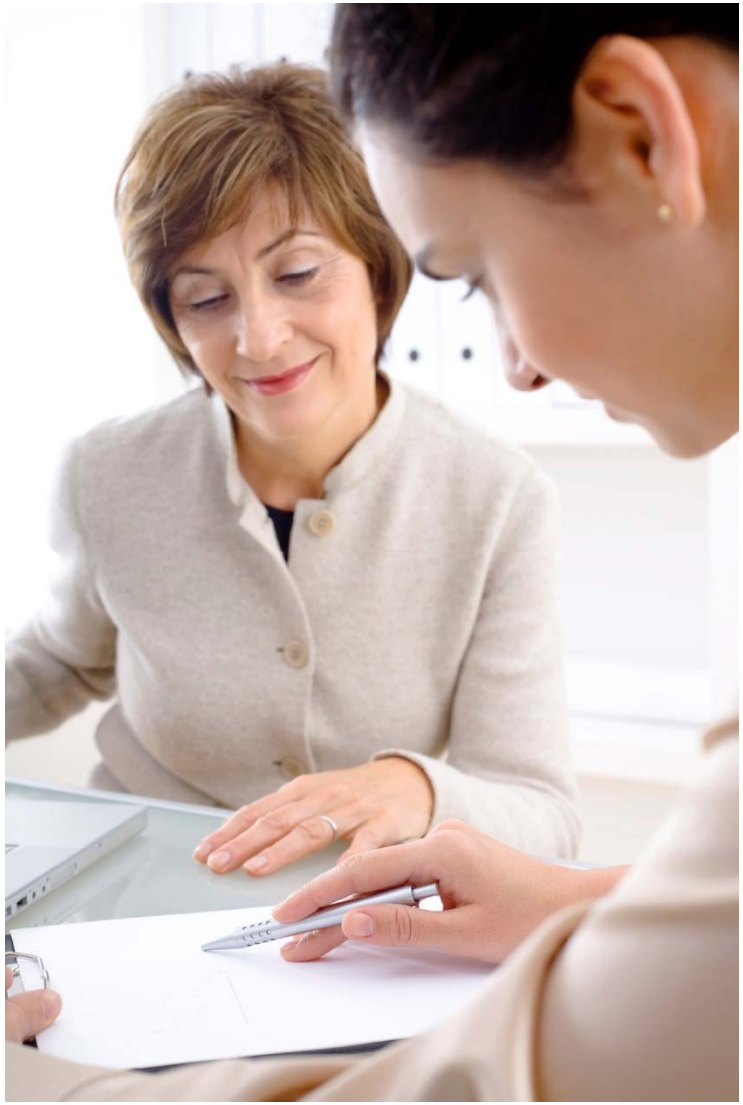
For more information

Please submit any **additional questions** after this meeting through the AHCPII website: http://www.paymentinitiative.org/Pages/default.aspx

We will also **post this presentation and a recording** of this session on the website



Questions